

PADI Discover Scuba Diving

Our Discover Scuba Diving Programme is a half-day lesson offering people the opportunity to experience Scuba diving in the sea without committing to a full certification course. It runs for 3 hours and is available any day by prior booking at 10am or 2pm.

The programme begins with a brief classroom lesson, explaining basic diving principles & techniques and Scuba equipment operation. Step two is a skill practice session in shallow water. An instructor will teach basic diving skills including how to clear water from a mask, how to recover and clear a lost regulator, how to deal with running out of air, how to ascend from a dive and how to communicate using hand signals. Finally the participants move out into deeper water (usually 6m max.) where they are supervised on an open water dive.

The full cost for the half day programme is €89. Booking by €30 deposit.

Participants are required to sign a Liability Release Form and a Medical Statement. Note that if a participant answers YES to any of the questions on the Medical Statement they must have a doctor sign a Medical Examination form prior to participating in any activities involving Scuba Diving. I have enclosed copies of Medical Statement for you.

For more information on PADI programmes visit www.padi.com

Yours sincerely,

Cillian Gray

Director